



Pregnancy Trivia

How much do you know? Write your answer on each line.

1 What is the name for false labor contractions?

2 What is the birth of identical twins from one egg called?

3 What is the medical term for a baby still in the womb?

4 How many hours a day do newborns sleep?

5 What is the recommended sleep position for newborns?

6 What is the average weight of a newborn?

7 Which vitamin is key in early pregnancy?

8 Around how many weeks can you usually learn the sex?

9 What is a baby's first stool called?

10 What word describes a first-time pregnancy?

11 How many diapers might a newborn use in a day?

12 What is the soft spot on a baby's head called?



Answer Key

Host copy - keep this one hidden!

- 1 What is the name for false labor contractions?
= *Braxton Hicks*
- 2 What is the birth of identical twins from one egg called?
= *Monozygotic*
- 3 What is the medical term for a baby still in the womb?
= *Fetus*
- 4 How many hours a day do newborns sleep?
= *16 to 18*
- 5 What is the recommended sleep position for newborns?
= *On their back*
- 6 What is the average weight of a newborn?
= *About 7.5 lbs*
- 7 Which vitamin is key in early pregnancy?
= *Folic acid*
- 8 Around how many weeks can you usually learn the sex?
= *About 20 weeks*
- 9 What is a baby's first stool called?
= *Meconium*
- 10 What word describes a first-time pregnancy?
= *Primigravida*
- 11 How many diapers might a newborn use in a day?
= *8 to 12*
- 12 What is the soft spot on a baby's head called?
= *Fontanelle*