



New Parent IQ Test

Circle or write the letter you think is correct.

1 A baby usually triples its birth weight by? a) 1 month b) 1 year c) 5 years

2 How often do newborns typically feed? a) Every 2-3 hrs b) Twice a day c) Once a day

3 What is tummy time mainly for? a) Sleep b) Building muscles c) Feeding

4 A comfy nursery temperature is about? a) 60F b) 68-72F c) 80F

5 Newborns see best at about? a) 8-12 inches b) Across the room c) Miles

6 What is rooting in a newborn? a) Crawling b) Turning toward touch to feed c) Sleeping

7 When can babies usually hold their head up? a) Birth b) 3-4 months c) 1 year

8 What often soothes a fussy baby? a) Swaddling b) Loud TV c) A cold room

9 A good way to burp a baby? a) Pat the back b) Bounce hard c) Shake gently

10 What should NOT go in a crib with a newborn? a) Fitted sheet b) Loose blankets c) Mattress

11 The safest crib setup is? a) Bare and firm b) Lots of pillows c) With bumpers

12 Solid foods usually start around? a) 1 month b) 6 months c) 1 year



IQ Test - Answer Key

Host copy - keep this one hidden!

- 1 A baby usually triples its birth weight by? a) 1 month b) 1 year c) 5 years
= b) *1 year*
- 2 How often do newborns typically feed? a) Every 2-3 hrs b) Twice a day c) Once a day
= a) *Every 2-3 hrs*
- 3 What is tummy time mainly for? a) Sleep b) Building muscles c) Feeding
= b) *Building muscles*
- 4 A comfy nursery temperature is about? a) 60F b) 68-72F c) 80F
= b) *68-72F*
- 5 Newborns see best at about? a) 8-12 inches b) Across the room c) Miles
= a) *8-12 inches*
- 6 What is rooting in a newborn? a) Crawling b) Turning toward touch to feed c) Sleeping
= b) *Turning toward touch to feed*
- 7 When can babies usually hold their head up? a) Birth b) 3-4 months c) 1 year
= b) *3-4 months*
- 8 What often soothes a fussy baby? a) Swaddling b) Loud TV c) A cold room
= a) *Swaddling*
- 9 A good way to burp a baby? a) Pat the back b) Bounce hard c) Shake gently
= a) *Pat the back*
- 10 What should NOT go in a crib with a newborn? a) Fitted sheet b) Loose blankets c) Mattress
= b) *Loose blankets*
- 11 The safest crib setup is? a) Bare and firm b) Lots of pillows c) With bumpers
= a) *Bare and firm*
- 12 Solid foods usually start around? a) 1 month b) 6 months c) 1 year
= b) *6 months*