



New Parent IQ Test

Circle or write the letter you think is correct.

1 What often soothes a fussy baby? a) Swaddling b) Loud TV c) A cold room

2 How many wet diapers a day is healthy for a newborn? a) 1 b) 6+ c) 20

3 When do babies usually start smiling? a) Day 1 b) 6-8 weeks c) 6 months

4 What helps prevent diaper rash? a) Frequent changes b) Tight diapers c) Less air

5 A baby usually triples its birth weight by? a) 1 month b) 1 year c) 5 years

6 What is rooting in a newborn? a) Crawling b) Turning toward touch to feed c) Sleeping

7 Solid foods usually start around? a) 1 month b) 6 months c) 1 year

8 When do most babies start crawling? a) 3 months b) 7-10 months c) 18 months

9 Newborns see best at about? a) 8-12 inches b) Across the room c) Miles

10 What should NOT go in a crib with a newborn? a) Fitted sheet b) Loose blankets c) Mattress

11 When can babies usually hold their head up? a) Birth b) 3-4 months c) 1 year

12 The safest crib setup is? a) Bare and firm b) Lots of pillows c) With bumpers



IQ Test - Answer Key

Host copy - keep this one hidden!

- 1 What often soothes a fussy baby? a) Swaddling b) Loud TV c) A cold room
= a) *Swaddling*
- 2 How many wet diapers a day is healthy for a newborn? a) 1 b) 6+ c) 20
= b) *6+*
- 3 When do babies usually start smiling? a) Day 1 b) 6-8 weeks c) 6 months
= b) *6-8 weeks*
- 4 What helps prevent diaper rash? a) Frequent changes b) Tight diapers c) Less air
= a) *Frequent changes*
- 5 A baby usually triples its birth weight by? a) 1 month b) 1 year c) 5 years
= b) *1 year*
- 6 What is rooting in a newborn? a) Crawling b) Turning toward touch to feed c) Sleeping
= b) *Turning toward touch to feed*
- 7 Solid foods usually start around? a) 1 month b) 6 months c) 1 year
= b) *6 months*
- 8 When do most babies start crawling? a) 3 months b) 7-10 months c) 18 months
= b) *7-10 months*
- 9 Newborns see best at about? a) 8-12 inches b) Across the room c) Miles
= a) *8-12 inches*
- 10 What should NOT go in a crib with a newborn? a) Fitted sheet b) Loose blankets c) Mattress
= b) *Loose blankets*
- 11 When can babies usually hold their head up? a) Birth b) 3-4 months c) 1 year
= b) *3-4 months*
- 12 The safest crib setup is? a) Bare and firm b) Lots of pillows c) With bumpers
= a) *Bare and firm*