



New Parent IQ Test

Circle or write the letter you think is correct.

1 The safest crib setup is? a) Bare and firm b) Lots of pillows c) With bumpers

2 Best sleeping position for a newborn? a) Tummy b) Back c) Side

3 What often soothes a fussy baby? a) Swaddling b) Loud TV c) A cold room

4 A comfy nursery temperature is about? a) 60F b) 68-72F c) 80F

5 What is tummy time mainly for? a) Sleep b) Building muscles c) Feeding

6 Solid foods usually start around? a) 1 month b) 6 months c) 1 year

7 How long is the umbilical stump usually attached? a) 1 day b) 1-3 weeks c) 3 months

8 A good way to burp a baby? a) Pat the back b) Bounce hard c) Shake gently

9 When do babies usually start smiling? a) Day 1 b) 6-8 weeks c) 6 months

10 How many wet diapers a day is healthy for a newborn? a) 1 b) 6+ c) 20

11 Best first drink besides milk at 6 months? a) Soda b) Water c) Juice

12 When do most babies start crawling? a) 3 months b) 7-10 months c) 18 months



IQ Test - Answer Key

Host copy - keep this one hidden!

- 1 The safest crib setup is? a) Bare and firm b) Lots of pillows c) With bumpers
= a) *Bare and firm*
- 2 Best sleeping position for a newborn? a) Tummy b) Back c) Side
= b) *Back*
- 3 What often soothes a fussy baby? a) Swaddling b) Loud TV c) A cold room
= a) *Swaddling*
- 4 A comfy nursery temperature is about? a) 60F b) 68-72F c) 80F
= b) *68-72F*
- 5 What is tummy time mainly for? a) Sleep b) Building muscles c) Feeding
= b) *Building muscles*
- 6 Solid foods usually start around? a) 1 month b) 6 months c) 1 year
= b) *6 months*
- 7 How long is the umbilical stump usually attached? a) 1 day b) 1-3 weeks c) 3 months
= b) *1-3 weeks*
- 8 A good way to burp a baby? a) Pat the back b) Bounce hard c) Shake gently
= a) *Pat the back*
- 9 When do babies usually start smiling? a) Day 1 b) 6-8 weeks c) 6 months
= b) *6-8 weeks*
- 10 How many wet diapers a day is healthy for a newborn? a) 1 b) 6+ c) 20
= b) *6+*
- 11 Best first drink besides milk at 6 months? a) Soda b) Water c) Juice
= b) *Water*
- 12 When do most babies start crawling? a) 3 months b) 7-10 months c) 18 months
= b) *7-10 months*