



New Parent IQ Test

Circle or write the letter you think is correct.

1 When do most babies start crawling? a) 3 months b) 7-10 months c) 18 months

2 What is tummy time mainly for? a) Sleep b) Building muscles c) Feeding

3 Best first drink besides milk at 6 months? a) Soda b) Water c) Juice

4 A baby usually triples its birth weight by? a) 1 month b) 1 year c) 5 years

5 When do babies usually start smiling? a) Day 1 b) 6-8 weeks c) 6 months

6 When can babies usually hold their head up? a) Birth b) 3-4 months c) 1 year

7 How long is the umbilical stump usually attached? a) 1 day b) 1-3 weeks c) 3 months

8 What should NOT go in a crib with a newborn? a) Fitted sheet b) Loose blankets c) Mattress

9 Best sleeping position for a newborn? a) Tummy b) Back c) Side

10 A safe water temperature for a baby bath? a) Hot b) Lukewarm c) Cold

11 How many wet diapers a day is healthy for a newborn? a) 1 b) 6+ c) 20

12 What often soothes a fussy baby? a) Swaddling b) Loud TV c) A cold room



IQ Test - Answer Key

Host copy - keep this one hidden!

- 1 When do most babies start crawling? a) 3 months b) 7-10 months c) 18 months
= b) *7-10 months*
- 2 What is tummy time mainly for? a) Sleep b) Building muscles c) Feeding
= b) *Building muscles*
- 3 Best first drink besides milk at 6 months? a) Soda b) Water c) Juice
= b) *Water*
- 4 A baby usually triples its birth weight by? a) 1 month b) 1 year c) 5 years
= b) *1 year*
- 5 When do babies usually start smiling? a) Day 1 b) 6-8 weeks c) 6 months
= b) *6-8 weeks*
- 6 When can babies usually hold their head up? a) Birth b) 3-4 months c) 1 year
= b) *3-4 months*
- 7 How long is the umbilical stump usually attached? a) 1 day b) 1-3 weeks c) 3 months
= b) *1-3 weeks*
- 8 What should NOT go in a crib with a newborn? a) Fitted sheet b) Loose blankets c) Mattress
= b) *Loose blankets*
- 9 Best sleeping position for a newborn? a) Tummy b) Back c) Side
= b) *Back*
- 10 A safe water temperature for a baby bath? a) Hot b) Lukewarm c) Cold
= b) *Lukewarm*
- 11 How many wet diapers a day is healthy for a newborn? a) 1 b) 6+ c) 20
= b) *6+*
- 12 What often soothes a fussy baby? a) Swaddling b) Loud TV c) A cold room
= a) *Swaddling*